

Safety Programs Currently Available

20 Educational Training Sessions

22 Policies and Procedure
Manuals

45 Computer-Based
Presentations

52 Guidelines Safety &
Ergonomic Topics

All accompanying forms and logs

- Fees based on number of programs selected and amount of customization required
- Full quote given before project is started
- Project updates provided regularly



Proper training and documents are essential tools for your emergency kit.

J. C. Petersen Professional Profile

Expert in the following skills:

- ISO (International Standards Organization) Quality Management Systems and Compliance
 - ISO 9000 Auditor Certification
 - ISO 14000 Auditor Certification
- Training, Safety, and Ergonomics Documentation Preparation
- Proficient to expert level in MS Office Suite as well as proficient in graphics/flash/account and many other software applications
- 6 years experience as Administrative Support/ ISO and Safety Coordinator with Monsanto Vegetable Seeds
- 3 years experience as ISO Documentation Coordinator with Jabil Circuit Inc.
- 6 years experience Specifications and ISO Coordinator Quality Assurance, Boise Printer Division Hewlett-Packard
- 2 years experience supporting a nonprofit organization with a "Bully Proof Your Child" program

P-VA LLC Safety Services
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P-VA LLC Safety Services

Let Me Help Put the Pieces Together

Safety & Ergonomics Programs for Small to Medium Businesses



208-467-6630

Customized Programs for Your Company

Benefits



When everyone knows what to do in an emergency, everyone benefits.

Customized safety and ergonomic programs for your business.

Small to medium businesses with 50 or fewer employees do not have to comply with OSHA standards or inspections. BUT, having a safe and ergonomic work

environment can save time and money. That makes good business sense.

Every business, even business offices, can benefit from safety and ergonomic training, practices, and documentation.

Let me come to your business, take photos, study your work environment and provide you with customized guidelines, education/training session procedures, and computer-based training programs, all with your company logo and colors.

Save time—save money AND get your custom safety program.

Materials researched from OSHA and from California Department of Safety, the toughest in the United States.

Education/Training Program

- Back Safety
- Carpal Tunnel Syndrome
- Developing a Good Safety Attitude
- Ergonomics and You
- Finger/Hand/Wrist Safety
- General Safety Rules
- Horseplay—It's No Joke
- Keep It Clean!
- Ladders
- Lifting/Carrying
- Many more industry specific topics

Computer-based Presentations

- Safety and Area-ergonomics
- Emergency Action-Plan Response
- Portable Ladders
- Fire Protection
- Drinking Water
- New Employee Orientation
- Problem Waste Guidance (Recycling and Protecting Environment)
- Vehicle Safety Program
- Ergonomics
- Incident Investigation and Management
- Fall Prevention
- Cell phone or Speeding—You Decide the Cause
- Many more industry specific topics



Every employee needs to know the way to safety.

“Improving the fit between humans and tools inherently means a more effective match . . . good design permits more output with less human effort.” (MacLeod, 1995:19)

Occupational medicine/health promotion has proven health and safety prevention and intervention programs play a critical role, as they create direct improvements and gains for your company.

